

20% Discount with this flyer – Order online using discount code **IRK71**

Treating the Trauma Survivor

An Essential Guide to Trauma-Informed Care

Carrie Clark, Catherine C. Classen, Anne Fourt, and Maithili Shetty

Treating the Trauma Survivor is a practical guide to assist mental health, health care, and social service providers in providing trauma-informed care. This resource provides essential information in order to understand the impacts of trauma by summarizing key literature in an easily accessible and user-friendly format. Providers will be able to identify common pitfalls and avoid re-traumatizing survivors during interactions. Based on the authors' extensive experience and interactions with trauma survivors, the book provides a trauma-informed framework and offers practical tools to enhance collaboration with survivors and promote a safer helping environment. Mental health providers in health care, community, and addictions settings as well as health care providers and community workers will find the framework and the practical suggestions in this book informative and useful.

Selected Table of Contents

Introduction. 1. Understanding Trauma and Trauma-Informed Care: The Basics 2. Trauma and the DSM 3. Understanding the Complex Picture of Complex Trauma 4. Building an Empowering and Collaborative Relationship 5. Asking About and Responding to Disclosures of Trauma 6. Conducting a Trauma-Informed Assessment 7. Responding to Safety Concerns 8. Psychoeducation and Trauma-Informed Interventions 9. Dealing with Substance Use 10. A Trauma-Informed Approach to Medications 11. Transference and Countertransference 12. Understanding Vicarious Traumatization

About the Authors

Dr. Carrie Clark attained her doctorate from the University of Denver. She completed a postdoctoral fellowship in the Trauma Therapy Program at Women's College Hospital. She is on staff as a clinical psychologist in the Trauma Therapy Program. She specializes in the area of trauma therapy.

Dr. Catherine C. Classen is a clinical psychologist with expertise in the treatment of psychological trauma. She is Associate Professor in the Department of Psychiatry at the University of Toronto, Senior Scientist and Director of the Women's Mental Health Research Program at Women's College Research Institute, and Academic Leader of the Trauma Therapy Program at Women's College Hospital. She is a past president of the International Society for the Study of Trauma and Dissociation and sits on the editorial board of several trauma journals.

Anne Fourt is an occupational therapist and team coordinator for the Trauma Therapy Program and Women Recovering from Abuse Program at Women's College Hospital. She is an Assistant Professor in the Occupational Science and Occupational Therapy Department at the University of Toronto and has a cross appointment in the Department of Psychiatry.

Dr. Maithili Shetty is a psychiatrist and clinical faculty at the University of British Columbia. She received her medical degree at the University of Western Ontario and completed her residency in psychiatry at the University of Toronto. Dr. Shetty is the Director of Medical Education, Medical Director of the Psychiatric Assessment and Stabilization Unit and Inpatient Lead for the department of psychiatry at St. Paul's Hospital in Vancouver, British Columbia.

October 2014 | 164pp

PB: 978-0-415-81098-2

~~\$42.95~~ / **\$34.36**

HB: 978-1-13-881147-8

~~\$155.00~~ / **\$124.00**

For more details, or to request a review copy, please visit:

www.routledge.com/9780415810982

Visit our website for more information
and online ordering:

www.routledge.com/mentalhealth

 **Routledge**
Taylor & Francis Group

Order
your
books
today...

ORDER
ONLINE
AND RECEIVE
FREE P&P
when spending
£20/\$35 or more.

IF YOU ARE IN THE UK/REST OF WORLD:

Contact:
Taylor and Francis Customer Services,
Bookpoint, 130 Park Drive, Milton Park,
Abingdon, Oxon, OX14 4SE, UK
or
Telephone: +44 (0) 1235 400524
Fax: +44 (0) 1235 400525
E-mail: tandf@bookpoint.co.uk
Online: www.routledge.com

Postage:
UK: 5% of total order
(£1 min charge, £10 max charge)
Next day delivery +£6.50*
Europe: 10% of total order
(£2.95 min charge, £20 max charge)
RoW: 15% of total order
(£6.50 min charge, £30 max charge)

*We only guarantee next day delivery for orders received before noon.

Library Recommendation

Ensure that your library has access to all the latest publications.

Visit www.routledge.com/info/librarian.asp today and complete our online Library Recommendation Form.

Prices and publication dates are correct at time of going to press, but may be subject to change without notice.

IF YOU ARE IN THE US/CANADA/LATIN AMERICA:

Contact:
Customer Services Taylor and Francis,
7625 Empire Drive, Florence, KY 41042, USA
or
Telephone: Toll Free 1-800-634-7064
(M-F: 8am-5:30pm)
E-mail: orders@taylorandfrancis.com
Online: www.routledge.com

Postage:
US: Ground: \$5.99 1st book;
\$1.99 for each additional book
2-Day: \$9.99 1st book;
\$1.99 for each additional book
Next Day: \$29.99 1st book;
\$1.99 for each additional book
Canada: Ground: \$7.99 1st book;
\$1.99 for each additional book
Expedited: \$15.99 1st book;
\$1.99 for each additional book
Latin America: Airmail: \$44.00 1st book;
\$7.00 for each additional book
Surface: \$17.00 1st book;
\$2.99 for each additional book

Sales Tax/GST:

Residents of AZ, CA, CO, CT, FL, GA, KY, MA, MD, NJ, NY, PA, TN, TX and VA please add local sales tax.

Canadian residents please add 6% GST.

Our publishing program continues to expand so please visit our website to stay up-to-date
www.routledge.com

 **Routledge**
Taylor & Francis Group

Routledge... think about it
www.routledge.com

eBooks from Taylor & Francis

Helping you to choose the right eBooks for your Library

Over 30,000 eBook titles in the Humanities, Social Sciences, STM and Law from some of the world's leading imprints.

Choose from a range of subject packages or create your own!

Key Features:

- ▶ Free MARC records
- ▶ COUNTER-compliant usage statistics
- ▶ Flexible purchase and pricing options

For more information, pricing enquiries or to order a free trial, please contact your local sales team.

UK and Rest of World: online.sales@tandf.co.uk

US, Canada and Latin America: e-reference@taylorandfrancis.com

www.tandfebooks.com

ORDER YOUR
FREE
INSTITUTIONAL
TRIAL TODAY

Taylor & Francis
eBooks

Routledge Paperbacks Direct

Responding to the changing needs of academics and students, we have now made a selection of our hardback publishing available in paperback format. Available directly from Routledge only and priced for individual purchase, titles are added to the selection on a regular basis.

Visit www.routledgepaperbackdirect.com for a full list of available titles.

Recommend key titles
to your librarian today.

Ensure that your library has access to all the latest publications.

Visit www.routledge.com/info/librarian.asp today and complete our online Library Recommendation Form.



Routledge Revivals
Discover Past Brilliance...

www.routledge.com/books/series/Routledge_Revivals