

Understanding the Context of Trauma: The Social and Developmental Surround

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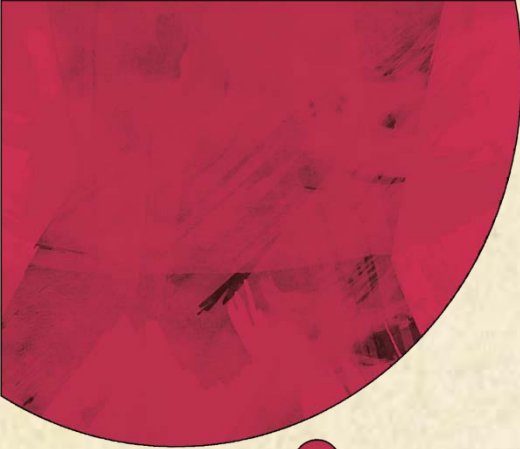
Toward the Context of Trauma: The Adverse Childhood Experiences (ACEs) Studies

The Eight “ACEs” Studied

- Physical Abuse
- Emotional Abuse
- Sexual Abuse
- Mother Treated Violently
- Household Member in Prison
- Household Member Alcoholic or Drug User
- Household Member Chronically Depressed, Mentally Ill, or Suicidal
- At Least One Biological Parent Died During the Person’s Childhood

Major Findings

- In an extensive series of studies by investigators affiliated with the Center for Disease Control, each of the eight ACEs has been found to be related to a wide range of psychological problems and medical disorders in adulthood.
- The presence of any one of the eight ACEs increases the likelihood of the presence of the others.
- As the number of ACEs in a person’s background increases, the risk for various psychological problems and medical disorders increases markedly.



An Often-Forgotten Observation About the Nature of Being Human...

Human beings are *not born*,
they are created.

- Thought experiment: take care of all of a human infant's biological needs for food, shelter, and so on but shield it from all contact with other human beings for the first 18 years of its life...

What would that 18 year old be like?

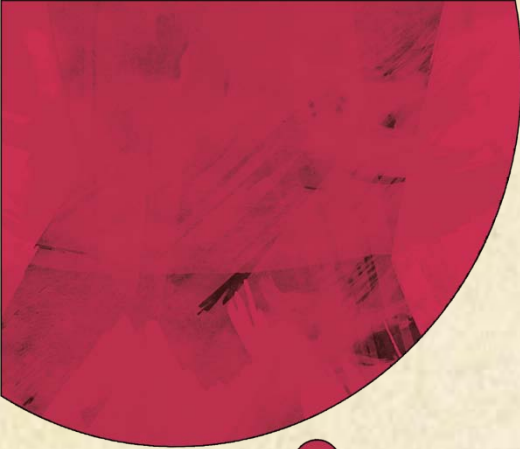
- The processes by which homo sapiens infants become adult human beings are

- human development: the organized sequence of transformations through which a helpless infant becomes a capable adult

and

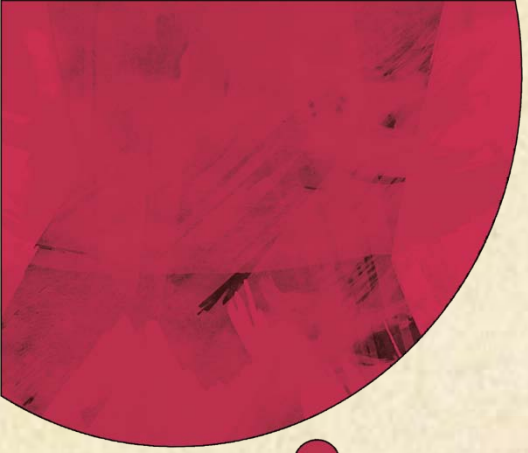
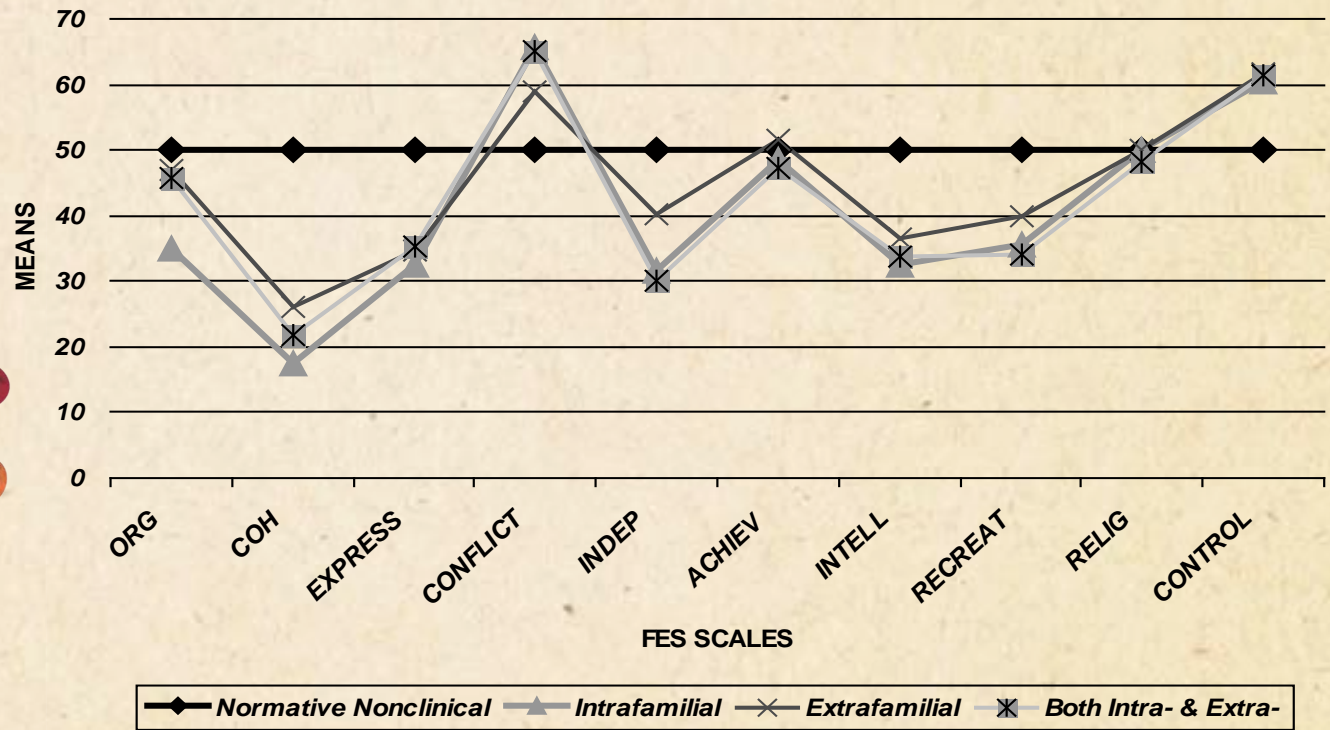
- socialization: mastery of the complex cultural conventions needed to navigate the complexities of adult life in contemporary society

- The major agent that drives the development and socialization is the family.

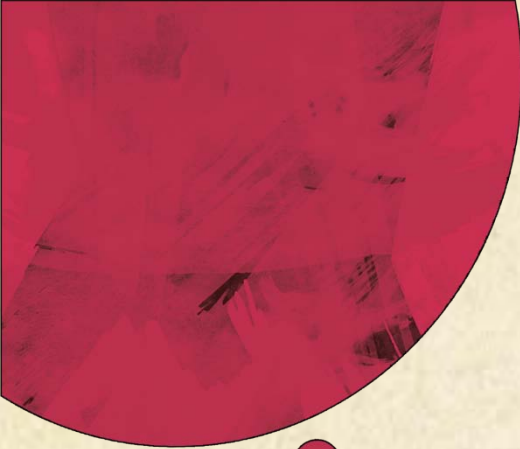
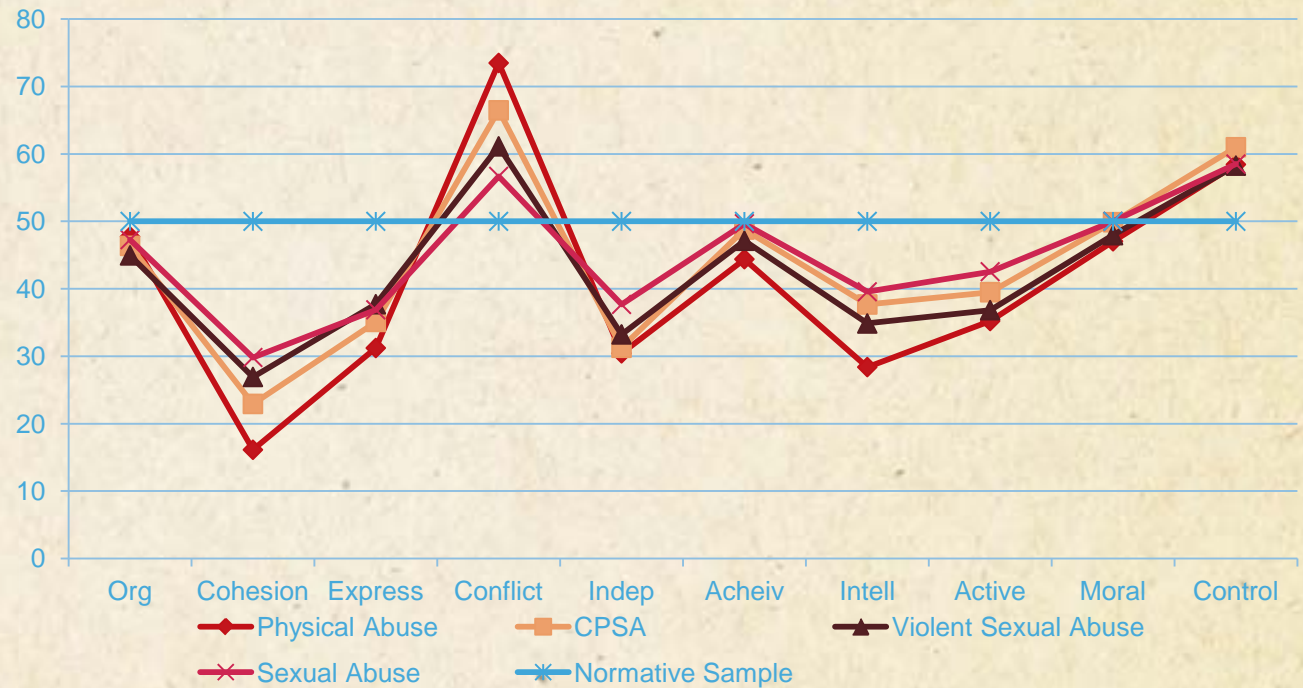


The Family of Origin Environments Of Survivors of Childhood Sexual Abuse

COMPARISON OF FES MEAN T-SCORES



The Family of Origin Environments Of Survivors of Childhood Physical Abuse and Sexual Abuse,



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